#### **HOW TO WRITE A PROFICIENCY BADGE NOTEBOOK?**

- 1. THE PB SHOULD BE COVERED(WHITE/BROWN)
- 2. THE EMBLEM OF THE PB SHOULD BE DRAWN/PASTED ON THE COVER
- 3. THERE SHOULD BE A BIO-DATA PAGE
- 4. FIRST COH GIVING YOU THE PERMISSION TO START WORKING ON THE PB
- 5. SYLLAUBS OF THE PB (AS PER APRO PART 2)
- 6. FOLLOW-UP (NOTES)
- 7. SECOND COH CERTIFYING THAT YOU HAVE COMPLETED THE WORK
- 8. PB CERTIFICATE SIGNED BY THE INDEPENDENT EXAMINER IN THE PRESCRIBED FORMAT

( LET THE PICTURES GET PASTED ON THE LEFT SIDE PAGES OF THE PB NOTEBOOK)

## Games Leader



Name of Scout/Guide:

## BIODATA

Date: ..... Scout / Guide ...... has Name: Troop: been given permission to work on **District: Patrol:** completing the requirements (as per **BADGE REQUIREMENTS** APRO Part II) towards earning the **Date of Commencement:** .....badge. **Date of Completion:** 

#### **Scout Master**

Court of Honour Permission to Earn Badge

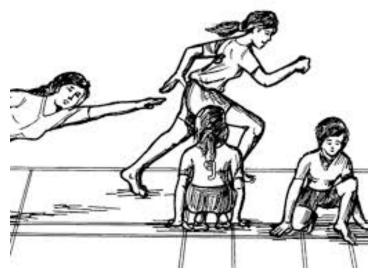
# Syllabus (As per APRO Part II)

- 1. Have a knowledge and be able to play and direct 4 gamesfrom the following
- Indian outdoor games
- Indoor games
- Tag Games
- Relay Races
- Sense Training Games
- Ball games
- Individual Contests
- 1. Have a knowledge of the organization and methods of team competition
- 2. Know the value of discipline and sportsmanship in games
- 3.Organise fames during the weekend for two months for children in mohalla / village / slum

## Indian Games

**1.Lagori or Pithu:** It involves a ball and a pile of flat stones (which are stacked on top of each other). One member of a team throws the ball at the stack to knock the stones over. The team then tries to restore the pile of stones while the opposing team ( known as the hitters) throws the ball at them. If the ball touches a person, he is out and his team continues without him.

**2.Kho Kho:** The game consists of two teams, who are required to chase down and tag the players of the opposite team to win the game. The chasing team sends out nine players onto the field, who sit in a straight line with alternate players facing opposite sides. The chasers have to make sure they catch the runners (who enter the field one at a time) before time runs out. Played by: two teams of nine players each.



**1.Gilli Danda:** Gilli Danda is a game very similar to cricket and baseball; its popularity in India once rivalled that of cricket. The game is played with a small piece of wood reduced on both sides known as gilli and a large piece of wood that is used to hit the gilli known as danda. The aim of the game is to hit the gilli as far as possible. Played by: two teams, any number of players.

**2.Kabaddi:** Kabaddi is an Indian origin game that was on its way to extinction, but is now regaining its popularity. There are several forms of the game, but most involve two teams of seven players each, who have a designated area of their own. Players have to raid the other team's area and try and touch one of their players, hence making the touched player "out." Played by: two teams of 7 members each



### Sportsmanship

Good sportsmanship begins with an understanding that the principle nature of athletics, sports, and physical education are an integral part of the educational process, presenting innumerable opportunities to learn skills that last a lifetime.

#### Good sportsmanship dictates:

**Respect** – Athletes should display proper respect and courtesy, and maintain civility toward opposing coaches and athletes, game officials and spectators at all contests. Most importantly, athletes must respect the game and uphold its virtues.

**Discipline** – There is no place in athletics for taunting, embarrassing or humiliating an opponent or game official.

**Humility** – Sportsmanship understands that failure is part of the game. The player with good sportsmanship does not use the occasion to make excuses or blame. They maintain composure, learn from their mistakes and prepare for the next competition.

**Rules** – Part of good sportsmanship is knowing the rules of the game and playing by them.

**Excellence** — Personal mastery, increased skill development, as well as performing to the best of your abilities are the hallmarks of good sportsmanship.

**Teamwork** – Good sportsmanship implies that the player on a team is a team player. In other words, the player understands that his or her behavior reflects on the team in general.



# Organising Games

1.<<Write a page on your experience of having organised games for young kids>>