

## **HOW TO WRITE A PROFICIENCY BADGE NOTEBOOK?**

1. THE PB SHOULD BE COVERED(WHITE/BROWN)
  2. THE EMBLEM OF THE PB SHOULD BE DRAWN/PASTED ON THE COVER
  3. THERE SHOULD BE A BIO-DATA PAGE
  4. FIRST COH GIVING YOU THE PERMISSION TO START WORKING ON THE PB
  5. SYLLAUBS OF THE PB (AS PER APRO PART 2)
  6. FOLLOW-UP (NOTES)
  7. SECOND COH CERTIFYING THAT YOU HAVE COMPLETED THE WORK
  8. PB CERTIFICATE SIGNED BY THE INDEPENDENT EXAMINER IN THE PRESCRIBED FORMAT
- ( LET THE PICTURES GET PASTED ON THE LEFT SIDE PAGES OF THE PB NOTEBOOK)

# Sanitation Promoter



**Name of Scout/Guide:**

# BIODATA

**Name:**

**Troop:**

**District:**

**Patrol:**

## BADGE REQUIREMENTS

**Date of Commencement:**

**Date of Completion:**

# Court of Honour

Permission to Earn Badge

Date: .....

Scout / Guide ..... has

been given permission to work on

completing the requirements (as per

APRO Part II) towards earning the

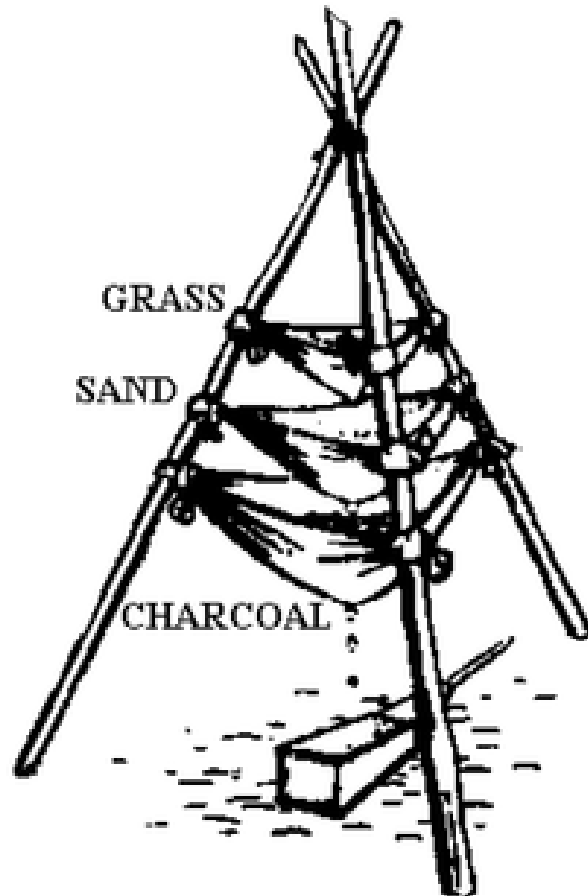
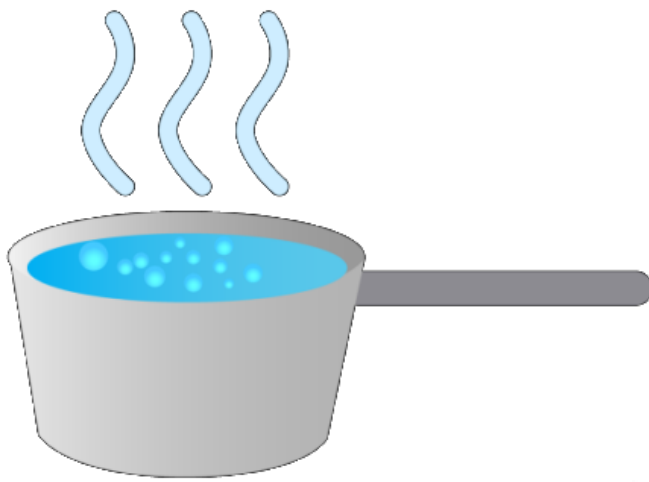
.....badge.

Scout Master

# Syllabus

## (As per APRO Part II)

1. **Make a survey of a given locality and help the people in the following ways**
2. **Using clean water for drinking**
3. **Demonstrate the process of filtering, boiling and storing water**
4. **Demonstrate the use of charcoal filter**
5. **Protecting grains from rats and other rodents**
6. **Protecting cooked food from flies, mosquitoes, dirt, etc.**
7. **Showing the correct ways of disposing waste and use of composte pit.**
8. **Educating people of the dangers of defecating in the open.**
9. **Erecting inexpensive and effective latrines**
10. **Enthusing people of 25 different houses to use health salts with the help of hand bills/posters**



# Boiling and Filtering

## **Purify water by boiling**

- The least expensive and most effective solution is boiling. Boiling will kill bacteria, parasites, and viruses. Many people advise bringing water to a hard boil for 5 minutes, and perhaps longer at higher elevation.

## **Purify water by filtering**

- By forcing water through very tiny pores (say .2 microns), you can filter out many of the parasites, including Giardia. Filters are not, however, typically effective against viruses. The main advantage with filtering, is that you can consume the filtered water immediately.

**Rodents stay away from open spaces.**  
Clear the area of weeds and other cover.  
Rodents are attracted to food waste and protected, dark areas where they can nest. Remove these the area.

**Rodents can squeeze through very small holes.**  
Keep storage containers well sealed and repair any holes quickly.

**Rodents can leap.** Keep grain storage containers high off the ground.

**Rodents can climb.**  
Clear away anything touching the storage container and put collars around its legs.

**Rodents are scared** of dogs and cats, so keep these animals in the area.

Collars

## Storing Food Grains

After harvest, much grain is lost to rodents, insect pests, or rot. To protect grains in storage:

- Dry and store the grains as soon after harvest as possible to avoid loss in the fields. Well-dried grains should be soft enough to break with your teeth and dry enough that they make a good cracking noise.
- Store dried grains in well-sealed, clean containers in a place protected from moisture and pests.
- Smoke the grain before it is stored to kill pests.

# Keeping food safe from dirt, flies, etc.



Keep garbage covered

- Dispose Waste regularly and at a proper place away from your house.
- Keep the garbage bin covered at all times.
- Cover your food always. Freshly cut fruits, cooked food, meat etc. attract flies a lot more than covered stuff.
- Using window nets is yet another measure to prevent flies from entering your house. Window screens not only stop the flies from invading your house but also help you enjoy the cool breeze at all times.
- Using insect repellent sprays is one of the measures to keep those flies at bay. But one should make sure to keep the spray away from food and children.

## Why Is It Important?

Use of toilets by **ALL** (100%) members of the community is necessary to significantly reduce fecally transmitted diseases.



Avoid Open Defecation

## Avoid open defecation

- Open defecation refers to the practice whereby people go out in fields, bushes, forests, open bodies of water, or other open spaces rather than using the toilet to defecate. The practice is rampant in India.

### Did you know?

- One GRAM of faeces contains:
  - 10,000,000 viruses
  - 1,000,000 bacteria
  - 1,000 parasite cysts
- Child faeces contain more germs than adults’.
- Women and girls face shame and a loss of personal dignity and risk their safety if there is no toilet at home. They have to wait for nightfall to relieve themselves in privacy.